

# August 2020

## K8 Lunch Menu

This institution is an equal opportunity provider.



We're Cooking  
Healthy School  
Lunches



Monday		Tuesday		Wednesday		Thursday		Friday	
3	Pretzel Dog Mustard Ketchup Pea Pods Celery Sticks Nectarine 1% Milk FF Choc Milk	4	Chicken Sandwich WG Bun BBQ Beans Romaine Lettuce Dill Pickles Craisins 1% Milk FF Choc Milk	5	WG Pepp Pizza Romaine Lettuce Cucumbers Ranch Dressing Apples, Fresh FF Choc Milk 1% Milk	6	Orange Chicken WG Brown Rice WG Roll Carrots, Fresh Broccoli, Fresh Strawberry Cup 1% Milk FF Milk	7	WG Hoagie Roll Sliced Turkey Breast American Cheese Romaine Lettuce Dill Pickles Mayonnaise Cherry Tomatoes Raisins 1% Milk FF Choc Milk
10	Hot Dog WG Bun Potato Rounds Ketchup Mustard Carrots, Fresh Pears, canned 1% Milk FF Choc Milk	11	Hamburger BBQ Beans WG Bun Carrots, Fresh Dill Pickles Mustard Ketchup Plum 1% Milk FF Choc Milk	12	Pepperoni Pizza Bagel Romaine Lettuce Cucumbers Ranch Dressing Apples, Fresh 1% Milk FF Choc Milk	13	WG Chow Mein Chicken Fajita Strips Pea Pods Peaches, Canned 1% Milk FF Choc Milk	14	WG Pepp French Brd Pizza Carrots, Fresh Cucumbers Ranch Dressing Orange, Fresh 1% Milk FF Choc Milk
17	WG Mini Corn Dogs Potato Rounds Ketchup Mustard Carrots, Fresh Nectarine 1% Milk FF Choc Milk	18	Chicken Sandwich WG Bun BBQ Beans Romaine Lettuce Dill Pickles Craisins 1% Milk FF Choc Milk	19	WG Pepp Pizza Romaine Lettuce Cucumbers Ranch Dressing Apples, Fresh FF Choc Milk FF Milk	20	WG Egg Roll Teriyaki Chicken WG Brown Rice Carrots, Fresh Fresh Pear FF Choc Milk 1% Milk	21	WG Chicken Sticks Potato Rounds WG Roll Ketchup Celery Sticks Peaches, Canned 1% Milk FF Choc Milk
24	Pretzel Dog Mustard Ketchup Pea Pods Celery Sticks Nectarine 1% Milk FF Choc Milk	25	Hamburger BBQ Beans WG Bun Carrots, Fresh Dill Pickles Mustard Ketchup Peach 1% Milk FF Choc Milk	26	Pepperoni Pizza Bagel Romaine Lettuce Cucumbers Ranch Dressing Fresh Pear 1% Milk FF Choc Milk	27	Orange Chicken WG Brown Rice WG Roll Carrots, Fresh Broccoli, Fresh Raisins 1% Milk FF Milk	28	Corn Dog Two Bean Salad Celery Ketchup Mustard Pears, canned 1% Milk FF Choc Milk
31	Hot Dog WG Bun Potato Rounds Ketchup Mustard Carrots, Fresh Pears, canned 1% Milk FF Choc Milk								