

# October 2020

## K8 Lunch Menu

This institution is an equal opportunity provider.



Monday		Tuesday		Wednesday		Thursday		Friday	
						1	WG Egg Roll Teriyaki Chicken WG Brown Rice Carrots, Fresh Fresh Pear FF Choc Milk 1% Milk	2	WG Chicken Sticks Potato Rounds WG Roll Ketchup Carrots, Fresh Cucumbers Blueberries 1% Milk FF Choc Milk
5	WG Bean & Cheese Burrito Pea Pods Carrots, Fresh Banana 1% Milk FF Choc Milk	6	Hamburger BBQ Beans Carrots, Fresh Dill Pickles Mustard Ketchup GRAPES, Fresh 1% Milk FF Choc Milk	7	Pepperoni Pizza Bagel Romaine Lettuce Cucumbers Ranch Dressing Apples, Fresh 1% Milk FF Choc Milk	8	Orange Chicken WG Brown Rice WG Roll Carrots, Fresh Broccoli, Fresh Pears, canned 1% Milk FF Choc Milk	9	WG Chicken Tenders Potato Rounds Ketchup Celery Sticks WG Roll Peaches, Canned 1% Milk FF Choc Milk
12	Mini Cheeseburgers Mustard Ketchup Romaine Lettuce Dill Pickles Carrots, Fresh Apples, Fresh 1% Milk FF Choc Milk	13	Corn Dog Two Bean Salad Celery Ketchup Mustard Pears, canned 1% Milk FF Choc Milk	14	Pepperoni Pizza Bagel Romaine Lettuce Cucumbers Ranch Dressing Fresh Pear 1% Milk FF Choc Milk	15	Teriyaki Chicken Rice Bowl WG Roll Carrots, Fresh Broccoli, Fresh Orange, Fresh FF Choc Milk 1% Milk	16	WG Popcorn Chicken Potato Rounds Ranch Dressing Carrots, Fresh Ketchup Banana FF Milk FF Choc Milk
19	WG Bean & Cheese Burrito Pea Pods Carrots, Fresh Banana 1% Milk FF Choc Milk	20	Pork Rib Sandwich Roll, Hoagie, WW SB822 BBQ Beans Pea Pods Orange, Fresh 1% Milk FF Choc Milk	21	Pepperoni Pizza Bagel Romaine Lettuce Cucumbers Ranch Dressing Fresh Pear 1% Milk FF Choc Milk	22	WG Chicken Tenders Potato Rounds WG Roll Ketchup Celery Sticks Peaches, Canned 1% Milk FF Choc Milk	23	Mini Cheeseburgers Mustard Ketchup Romaine Lettuce Dill Pickles Carrots, Fresh Apples, Fresh 1% Milk FF Choc Milk
26	WG Taco Pocket Ranch Dressing Broccoli, Fresh Carrots, Fresh Orange, Fresh 1% Milk FF Choc Milk	27	Chicken Sandwich BBQ Beans Carrots, Fresh Dill Pickles Craisins 1% Milk FF Choc Milk	28	WG Pepp Pizza Sliders Romaine Lettuce Cucumbers Ranch Dressing Apples, Fresh 1% Milk FF Choc Milk	29	WG Mini Corn Dogs Potato Rounds Ketchup Mustard Carrots, Fresh Banana 1% Milk FF Choc Milk	30	WG Chicken Sticks WG Brown Rice Ketchup Carrots, Fresh Cucumbers Blueberries 1% Milk FF Choc Milk